## How to de-clutter your kitchen!

## Instructions:

1. Lay a queen-size quilt on the floor, somewhere near your kitchen (move some furniture if necessary).

2. Referencing the list below, remove items from your kitchen one by one, coloring in each circle as you go. Place the items on the quilt.

3. Make a compact arrangement on the quilt. Nest bowls or bakeware, put smaller items like utensils inside larger containers, and stack items like books or cutting boards. Quilt overflow indicates an abundance of stuff, so you may need to prioritize and remove some items.

4. When you have crossed all the items off the list that you can (you may have some un-filled circles - add them to your wish list!), take a look at your kitchen. Anything remaining goes to Goodwill!

5. Take time to clean the items on the quilt that have gotten dusty or worn. Begin to place things back in the kitchen. Think about how you cook, and locate compatible items near each other. Use the categories below and their adjacencies to organize your kitchen.

